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## The Pope's words at the Angelus prayer

At midday today, the Holy Father Francis appeared at the window of his study in the Vatican Apostolic Palace to pray the Angelus with the faithful and pilgrims gathered in Saint Peter's Square.

The following are the Pope's words of introduction to the Marian prayer:

### Before the Angelus

Dear brothers and sisters, *buongiorno!*

Today's Liturgy offers us the encounter between Jesus and a man who "had great possessions" (*Mk* 10:22), and who went down in history as "the rich young man" (cf. *Mt* 19:20-22). We do not know his name. The Gospel of Mark actually speaks of him as "a man", without mentioning his age or name, suggesting that we can all see ourselves in this man, as though in a mirror. His encounter with Jesus, in fact, allows us to test our faith. Reading this, I test myself on my faith.

The man begins with a question: "What must I do to inherit eternal life?" (v. 17). Notice the verbs he uses: "must do" – "inherit". Here is his religiosity: a duty, a doing so as to obtain; I do something to get what I need". But this is a commercial relationship with God, a *quid pro quo*. Faith, on the other hand, is not a cold, mechanical ritual, a "must-do-obtain". It is a question of freedom and love. Faith is a question of freedom, it is a question of love. Here is a first test: what is faith for me? If it is mainly a duty or a bargaining chip, we are off track, because salvation is a gift and not a duty, it is free and cannot be bought. The first thing to do is to free ourselves of a commercial and mechanical faith, which insinuates the false image of an accounting and controlling God, not a father. And very often in life we experience this "commercial" relationship of faith: I do this, so that God will give me that.

Jesus, in the second step, helps this man by offering him the true face of God. Indeed, the text says, "Jesus looking upon him loved him" (v. 21): this is God! This is where faith is born and reborn: not from a duty, not from

something that is to be done or paid, but from a *look* of love to be welcomed. In this way Christian life becomes beautiful, if it is based not on our abilities and our plans; it is based on God's gaze. Is your faith, is my faith tired? Do you want to reinvigorate it? Look for God's gaze: sit in adoration, allow yourself to be forgiven in Confession, stand before the Crucified One. In short, let yourself be loved by him. This is the starting point of faith: letting oneself be loved by him, by the Father.

After the question and the look there is – the third and final step – *an invitation* from Jesus, who says: “You lack one thing”. What was that rich man lacking? Giving, gratuitousness. “Go, sell what you have, and give to the poor” (v. 21). It is perhaps what we are missing too. Often, we do the bare minimum, whereas Jesus invites us to do the maximum possible. How many times are we satisfied with doing our duties – the precepts, a few prayers, and many things like that – whereas God, who gives us life, asks us for the impetus of life! In today's Gospel we see clearly this passage from duty to giving; Jesus begins by recalling the Commandments: “Do not kill, do not commit adultery, do not steal...”, and so on (v. 19) and arrives at a positive proposal: “Go, sell, give, follow me!” (cf. v. 21). Faith cannot be limited to “do not”, because Christian life is a “yes” a “yes” of love.

Dear brothers and sisters, a faith without giving, a faith without gratuitousness is an incomplete faith. We could compare it to rich and nourishing food that nonetheless lacks flavour, or a more or less well-played game, but without a goal: no, it isn't good, it lacks “salt”. A faith without giving, without gratuitousness, without works of charity, makes us sad in the end: just like that man whose “face fell” and returned home “sorrowful”, even though he had been looked upon with love by Jesus in person. Today we can ask ourselves: “At what point is my faith? Do I experience it as something mechanical, like a relationship of duty or interest with God? Do I remember to nourish it by letting myself be looked at and loved by Jesus?” Letting oneself be looked at and loved by Jesus; letting Jesus look at us, love us. “And, attracted by him, do I respond freely, with generosity, with all my heart?”.

May the Virgin Mary, who said a total “yes” to God, a “yes” without “but” – it is not easy to say “yes” without “but”: Our Lady did just that, a “yes” without a “but” - let us savour the beauty of making life a gift.

### After the Angelus

Dear brothers and sisters,

Today, again, I have the joy of announcing the proclamation of new Blesseds. Yesterday, María Lorenza Longo, sixteenth-century spouse and mother, was beatified in Naples. A widow, she founded in Naples the Hospital for the Incurably Ill and the Capuchin Poor Clares. A woman of great faith and an intense life of prayer, she did all she could for the needs of the poor and the suffering. Also today, in Tropea, Calabria, Father Francesco Mottola, founder of the Oblates of the Sacred Heart, who died in 1969, was beatified. A zealous pastor and tireless proclaimer of the Gospel, he was an exemplary witness of a priesthood lived in charity and in contemplation. Let us applaud these new Blesseds!

Today, on the occasion of World Mental Health Day, I would like, to remember our brothers and sisters affected by mental disorders and also the victims, often young, of suicide. Let us pray for them and for their families, so that they are not left alone or discriminated against, but welcomed and supported.

I greet you all, Romans and pilgrims from various countries: families, groups, associations and individual faithful. In particular, I greet the faithful of Bussolengo and Novoli; the confirmands of the parish of the Resurrection in Rome and the *Cooperativa del Sole* of Corbetta. I also see that there are people from Montella, and I greet them... With the image of Sister Bernadette. Let us pray for her prompt canonisation.

I wish you all a blessed Sunday. And please do not forget to pray for me. Enjoy your lunch and *arrivederci!*

